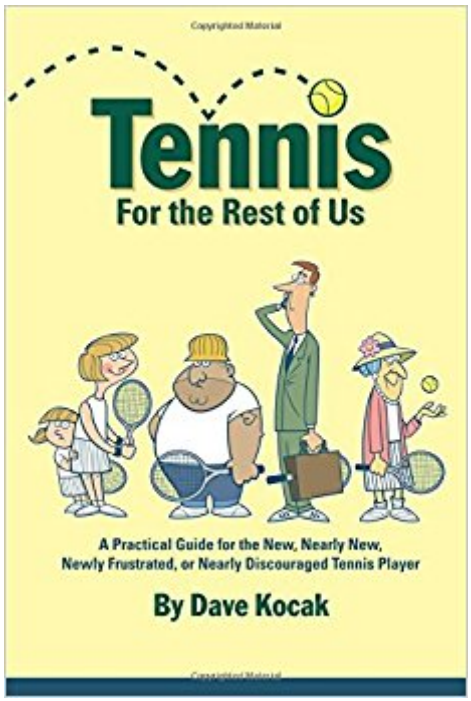
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Tennis For The Rest Of Us: A Practical Guide For The New, Nearly New, Newly Frustrated Or Nearly Discouraged Tennis Player



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Synopsis

Tennis for the Rest of Us is a guide book for any new or inexperienced player, but with a lot to offer to more experienced players. Explaining why you are so bad in the beginning and why and how you'll get better, It offers hope in those frustrating early days in the sport. The book simply covers all the fundamental strokes and strategies for singles, doubles and mixed doubles. It also answers your questions on equipment, lessons, injuries, leagues, getting your kids involved, tennis pros, fashion and all in a humorous style that is informative while fun to read.

Book Information

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Average Customer Review: 4.3 out of 5 stars 19 customer reviews

Best Sellers Rank: #181,921 in Books (See Top 100 in Books) #64 inÃ Â Books > Sports & Outdoors > Individual Sports > Tennis #70 inÃ Â Books > Sports & Outdoors > Racket Sports

Customer Reviews

Dave Kocak has been teaching tennis for 30 years. He has taught in resorts, public courts, private clubs, beginner kids, beginner adults, nationally and internationally ranked juniors and coached at the Division I college level. Tennis is fundamentally a simple game-- not easy but simple. It took a simple guy like Dave to figure out how to best teach it to those who don't consider themselves talented or athletic but do want to have fun, get some exercise and see real improvement in their tennis game. He is fond of saying that "I have never failed to teach anyone how to play a decent game of tennis, although a few students quit before I was finished." Since no books existed that covered all aspects of the sport, and certainly none that included his teaching methods, he decided to write one. It's been so well received he is writing the follow-up: Tennis for the Rest of Us Part Two -- OK, So now I'm Hooked. How do I get Good? He currently lives and teaches in Buffalo, New York and is available to be flown to private lessons in London, Paris, Rome and Monte Carlo.

Funny read with good descriptions of how to play the game but I found "Better Tennis in 2 hours" to

be way more helpful with a step-by-step approach to teaching and specific drills to practice before moving to the next skill.

As many say in their reviews, this book has a light touch and a good sense of humor. The tips on technique are good but not particularly lucid. I can go to Youtube for that stuff. What I found most helpful though was the overview of how to choose where to hit the ball, forehand, backhand or volley. The discussion of strategy behind shot selection is excellent. If you want to understand the geometry of shot-making and how your position on court relative to where your opponent is striking the ball from effects your shot selection, this is the book for you! What's more, he's a Buffalonian, as am I (many years removed)!

Very much a basic book primarily for beginners. I was disappointed that not only its content but it is a very small book that appears the author used dome filler material at the end to complete it.

Helpful for a senior "newbie" -

The Author writes in such a way that makes the reader understand the important parts of tennis and makes you want to practice all you learned

I did a workshop with the author. He's just as witty in real life. Very knowledgeable and easy to learn from.

My brother has been a tennis pro for thirty years and I learned more about tennis from this book than I ever did from him.

There is a lot of information here, probably more than most beginners need to know. The good news, though, is that the author is ever encouraging. He wants you to learn, to get better, and he certainly understands the frustration that most of us encounter when starting something new and all does not go exactly as planned. Also, at the very beginning, we are informed that we already have skills which, to varying degrees, will transfer to the realm of tennis. Besides the humorous interjections throughout the book, there is obviously the basic technical information needed to establish a firm foundation in the sport. Some of the illustrations could be a little clearer, and some of the descriptions could be less wordy, but the basics are covered in detail. As a friend, neighbor

and tennis player for many decades, I can say for certain that Dave Kocak is very knowledgeable. His engaging, outgoing personality blends well within his teaching model. I have given this book to several of my own students and recommend it as a handy guide. And if you live in or near Buffalo, consider taking a lesson from Dave just for the sheer entertainment value.

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